



KIDS SAFETY GUIDE

*Tips for
parents
and kids*





Child Safety: What You Should Know



Nearly **7 million** school-age children are routinely left home alone.



An average of two children die each day from poisoning.



Preventable accidents are the #1 cause of injuries and death for children in the U.S.





Arm yourself with the best information possible!

Teaching Kids About Safety

Every parent's #1 job is keeping their children safe. Children rely on us to give them the right words and teach them to recognize and respond to dangerous or uncomfortable situations.

Sometimes knowing how to respond in an emergency is as important as preventing one. Having regular, open conversations with your children about personal safety will give them confidence and you peace of mind.

What's My Child's Safety IQ?

DIRECTIONS: Read these questions to your child and record their answers. Total their score using the Answer Key at the bottom. Each correct answer is worth 10 points.

1. It's OK to answer the door when I'm home alone. T/F _____
2. Name one "Safe Stranger" I can ask for help: _____
3. It's safe to go with a stranger if they know my name and my family. T/F _____
4. In an emergency, I should call my parents and dial ___- ___-___ for help.
5. If I get lost, I should walk around until I find my parents. T/F _____
6. Tell my _____ if I see something unsafe in my house.
7. My home address is _____
_____.
8. All doors and windows should be _____ when I'm home alone.
9. I should never leave the house without asking my parents' permission. T/F _____
10. When a grown-up asks me for help, I should always say yes. T/F _____

TOTAL SCORE: _____

<p>80+ points</p> <p>Safety Whiz Kid</p> <p>Awesome job! Your child really knows their safety!</p>	<p>60-79 points</p> <p>Safety Crusader</p> <p>You've got the basics down. Keep going for Whiz Kid status!</p>	<p>Under 60 points</p> <p>Safety Student</p> <p>There's more work to do. Check out our safety tips!</p>
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Answer Key: 1. False; 2. E.g., Teacher, principal, police officer, security guard; 3. False, unless they are on your family's "safe list"; 4. 9-1-1; 5. False; Stay put!; 6. Parents; 7. [child's home address]; 8. Shut/Locked; 9. True; 10. False



TIPS FOR PROTECTING YOUR KIDS... No matter where they go!

Around the House

Poison prevention. Just remember: OUT OF SIGHT, LOCKED UP TIGHT!

Keep medications and cleaning supplies in the original packaging and store in a high, secure place where children can't see or reach them. Post the national Poison Control help line with all other emergency numbers: **1.800.222.1222**.

Home security sensors can be placed on off-limits storage spaces like medicine and liquor cabinets.

Fire and CO safety. Monitored smoke, heat, and CO detectors are the best tools to help protect your family and home against fire-related danger and carbon monoxide poisoning. Create a family fire escape plan and run drills together.

Out and About

Playing outdoors. Never leave small children unattended outside. Encourage them to always play in groups, stay away from the street, and ask your permission before going anywhere.

Keep your eyes on specific areas around your yard by installing outdoor surveillance cameras.

Meeting new people. The "Stranger Danger" lesson is important. But not all children can understand this concept, and not all child abductions involve total strangers.

Teach your child that they shouldn't go with or talk to just anyone, and they must ask your permission first. Help them recognize "safe strangers" they can always ask for help, like a police officer in uniform.

A good rule of thumb for children to remember is that grown-ups don't need help from a child. If a stranger asks them for help, they should immediately tell you.

Off to School

School days. Children are especially vulnerable while traveling to and from school. Map a safe way for your children to walk to school or to the bus stop and give them plenty of time to avoid feeling rushed or flustered.

Encourage them to be aware of their surroundings and remove all distractions: Head up, phone down, and headphones out.

Asking for help. If they miss the bus or just need help, talk to your children about recognizing safe strangers at school. This could be a teacher, the school nurse, the principal, or a crossing guard.

IF MY CHILD GETS LOST...

...Help them be prepared:

"If we get separated, I will find you, so stay calm and follow the safety rules."

1. Stay where you are.
2. Ask a safe stranger for help, like a uniformed police officer or a mother with children.
3. Memorize Mom and Dad's real names and phone numbers so a safe stranger can help us find you.

HOME ALONE SAFETY

At some point, you may need to leave your children home alone, whether it's briefly or for most of the afternoon following school.

There are a number of things you can do and teach your children to help protect them while home alone.

Tips for Parents:

- Create regular check-in times when children are required to text or call. Explain your plan for missed check-ins, such as calling the police or the school.
- Establish firm, age-appropriate rules so there's no confusion about what's allowed (e.g., using the internet, inviting over friends, cooking).
- Start a family text chain to keep everyone on the same page.
- Post your cell phone number and all emergency numbers next to the phone, or program them into your child's cell phone.
- Identify trusted friends or neighbors and post their numbers as well.
- If you have a 24-hour monitored home security system, teach them how to use it.

Reminders for Kids:

- If the phone rings, never tell callers you are home alone. Instead, tell them your mom/dad is busy and will call them back.
- Don't enter the house alone if doors or windows are broken. Ask a trusted neighbor for help.
- Don't answer the door or invite anyone over without a parent's permission.
- If you see a safety danger, don't try to fix it yourself. Tell a grown-up.

DIALING 9-1-1

Home landlines are becoming a thing of the past. But if your child is home alone, they still need access to an emergency cell phone. Make sure your child knows when and how to call 9-1-1.

MY FAMILY SAFETY PLAN

Help your child fill out this form, detach it, and keep it somewhere safe!

Who to Call

In an emergency, I will call 9-1-1 and my parents:

Parent cell phone 1: _____

Parent cell phone 2: _____

My daily check-in time is: _____

Other Important Numbers

Police: _____

Fire: _____

Emergency: 9-1-1

Poison Control: 1.800.222.1222

Security System Code: _____

Where to Go

In an emergency, I will go to one of our meeting places:

When in your neighborhood: _____

When outside of your neighborhood: _____

Safe Friends

If Mom and Dad are not present, I am safe with: _____

Their phone number is: _____

Family Password

I will never go with anyone who doesn't know our family password.

Our password is: _____

Signed by: _____



HOW GUARDIAN CAN HELP

A Guardian Protection professionally monitored home security system can help protect your family and your home.



We're here and ready to jump into action 24/7. If your children are home alone when an alarm is triggered, we will notify the authorities and direct them to your home as needed.



When you pair a keyless smart lock with your system, you can assign your kids personalized user codes and receive notifications when they let themselves in. Add a video doorbell and you can answer the door right from your smartphone.



In addition to burglary, fire, and CO monitoring, Guardian offers an all-in-one mobile app and other smart technology options that make life easier, safer, and more connected for families.



When it comes to keeping your kids safe, only the best is good enough. Guardian Protection is proud to have been named Security Company of the Year and Monitoring Center of the Year —twice!

1.800.PROTECT
(1.800.776.8328)

GUARDIAN KIDS ID PROGRAM

When a child is in trouble, every second counts. Providing law enforcement with as much information as possible, as quickly as possible, makes a difference.

In such a terrible situation, it's common to forget basic details the police will need right away. Our Guardian Kids ID program lets parents keep this vital information in their back pocket.

A Guardian Kids ID is a unique, credit card sized badge displaying a child's photo and fingerprint. If your child goes missing, this ID should be presented to law enforcement to aid in the search process.

This program is a free community service offered by Guardian to help raise awareness about child safety while giving parents tools to help keep their children safe.

Visit www.guardianprotection.com/kidsID to learn more.





GuardianProtection.com

Protecting homes and businesses since 1950, Guardian Protection is one of the nation's largest and most highly regarded security companies. We provide smart technology, 24/7 professional monitoring, and peace of mind to hundreds of thousands of customers. Our products are installed by experts, monitored by real people, and truly make a difference. We do what we do because of one simple truth: **Life is better when it's safe.**

This brochure was developed with information from:

Office of Juvenile Justice and Delinquency Prevention (OJJDP) • Safe Kids Worldwide, SafeKids.org • KidSmartz, National Center for Missing and Exploited Children • Ready.gov • Centers for Disease Control and Prevention • U.S. Census Bureau

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